WHAT'S INSIDE

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Conestoga College, Kitchener

29th Year — No. 12

Life-saving lessons



HELPING HANDS - JoAnne Anderson (left) steadies casualty, Chad Gravill's head while triage officer Clarence Lenting helps. See page 12 for our feature on the emergency rescue (Photo by Lisa Kloepfer)

DSA to receive free Internet access

By Bob Puersten

The DSA will be receiving free Internet access next

The Conestoga Business Students' Association (CBSA) made the offer at a meeting of the DSA

Jeff Gobbo, a representative of the CBSA, said that the CBSA had negotiated a \$50 discount on unlimited access on the Internet for themselves and had also received two free Internet accounts. One has already been given away in a draw, and the second being offered to the DSA. Gobbo said that one of the reasons for providing the DSA with access to the account, which has no time limit, was to allow the DSA time to explore the medium.

Steve Harris, DSA promotions assistant, asked if there would be any conflict between the DSA's arrangement with Golden Triangle Online to provide e-mail services and the new account. Gobbo said the two accounts could co-exist.

April-Dawn Blackwell, DSA president, said that she was concerned about the security of the system, wishing to have password access. Gobbo said that passwords could be installed into the system.

Krista Ogg, Dsa vice-president of operations said that the gift from CBSA is an excellent opportunity.

Gobbo said he could do a seminar on working on the Internet, adding that working with the medium is not as complicated as some experts try to make out to

In regards to Conestoga's student drug plan, the DSA's vice-president of student affairs Bev Cutone said that Ontario Community College Student

Parliamentary Association (OCCSPA) was not a viable alternative given the time available to make to make a decision. She said that OCCSPA does not have a single drug plan, but rather steers colleges to a

Cutone said that the DSA's insurance broker suggested an option where the birth-control pill could be offered through Health Services at a cost of \$17.46 a month as opposed to \$22.

Laura Brillinger, DSA promotions assistant said that \$17.46 is not a discount, but rather the price available at any drug store.

Also discussed was leadership conferences for the DSA executive, such as Ontario Transitional Conference (OTC) which is happening April 25, 26, and 27, 1997, in Toronto and costs \$135 per person, not including food or accommodation.

Blackwell said that a more appropriate conference is Super Con, which is held in Manitoda.

Cutone said that having executive members attend a leadership conference early in the summer is good to get the new executive energized.

Jack Fletcher said that executive members could be sent to different conferences to bring in knowledge

Cheryl Jack, DSA education and communications co-ordinator, said she recommended splitting up executive between different leadership conventions, but that it is worthwhile to have all three elected members go to the OTC.

Ogg said that she found that the OTC wasn't worth the money and that maybe the executive should hold out for more information on other conventions.

See "Internet" page three

Drug plan safe for next year

By Bob Puersten

The DSA's board of directors decided to keep a student drug plan for the 1997-98 school year, during an emergency meeting

The decision had been delayed from a March 26 meeting, while more information was gathered to make a more informed deci-

It was also decided that the 1997-98 DSA executive should research the long-term options available regarding the drug

Under the new plan, the cost per student would rise to \$80 for single students and \$160 for

contraceptives (the birth control pill) will be covered, but smoking cessa- and raising a kid?," tion products (the patch) will dropped from drug cov-

second-year social services Julie Van Donkersgoed, a second-year social services student, made a presentation to the board

"What is the cost of

someone dropping out

about the proposed changes. Van Donkersgoed said that eliminating oral contraceptives from the plan would be harmful to the female population on campus because many people are sexually active.

on the issue, which she brought

up with her class after hearing

Eliminating the drug plan all together would hurt students that are on social assistance who rely on the drug plan while they are in school because their benefits suspended, said Van Donkersgoed.

Van Donkersgoed said that the DSA should keep the drug plan, with birth control, and pay an increased fee. She was also concerned that more student input wasn't solicited.

DSA president April-Dawn Blackwell said that time was a factor in how information was gathered. Blackwell said that students were consulted in the lounge and in the cafeteria on their opinions about the plan. Blackwell also said that to keep the plan as is would increase fees by 30 per cent, while dropping birth control would only increase fees to \$59 from the current \$56.

Bev Cutone, the DSA's vicepresident of student affairs, presented four options to the board.

All except one included some coverage for the birth control

The prices for coverage with the birth control pill ranges between \$70 and \$80 per student, while the price for the drug plan without the birth control pill is \$50. In all cases, smoking cessation products, which the drug plan currently covers, are dropped.

According to information provided by Seaboard Life, the DSA's current drug plan provider, birth control pills account for only 10 per cent of the prescription costs covered by

standard of 30 per cent usage when removing control plans, resulting the decrease when oral contraceptives are elimi-

Julie Van Donkersgoed

Gavin Fitz Patrick, DSA entertainment manager, said that he was concerned that, because the insurance company would not save 30 per cent with birth control being dropped from the plan, that "we might be in the same boat next year."

Blackwell said that if the DSA drops oral contraceptives or smoking cessation products from the plan, it would be difficult to promote safe sex or stopping smoking if the means are taken

Fletcher said that the issues of awareness and drug plan coverage should not be mixed, and that the more important issue is what we can afford.

Van Donkersgoed said she was concerned about who was picking up the slack. She said that three girls in her class have become pregnant because they would not put the birth control plan on their parents' drug plans.

"What is the cost of someone dropping out and raising a kid?," asked Van Donkersgoed.

Also discussed was an apparent discrepancy in the numbers provided by Seaboard Life.

Cutone said that the average value per claim was \$24 and the average student makes 1.66 claims per year.

Laura Brillinger, DSA promotions See "Drug plan" page three



DONE DEAL — College president John Tibbits, left, and Bill Easdale, vice-president of the school of business, sign an agreement with the University of Lethbridge. (Photo by Matt Harris)

Opportunity for business graduates

Agreement gives students link to university in Lethbridge

By Ellen Douglas

As of April 4, students will have the opportunity to continue their studies at the University of Lethbridge after graduating from one of Conestoga's business pro-

The agreement was officially signed by John Tibbits, the college's president, and Bill Easdale, vice-president of the school of business, in Tibbits's office Friday,

April 4.

The agreement allows business graduates to apply to the University of Lethbridge for a bachelor of management degree. It is possible for college graduates to earn the degree in two years.

Graduates from Conestoga's business-administration programs in marketing, accounting, management studies and general business will have all the prerequisites necessary to apply to this program.

TUTORS DESERVE

Students in materials management and computer-programmer analyst will have to pick up one or two extra courses.

Conestoga has similar agreements with several American institutions, such as Saginaw Valley State University in Michigan, Buffalo State University in New York state, the University of West Sydney in Australia and Northwood University in Midland, Mich.

However, according to Easdale, this is the first official agreement between Conestoga's school of business and a Canadian university.

"I hope it's the first of many."

He said the agreement is effective immediately — the university's catalogues have already been ordered — but most of the students have not been made aware yet that the option exists.

"For those who wish to continue

studies and who are academically inclined, this is a good avenue. The University of Lethbridge has a good reputation for its business programs; it is well recognized, well established and has good standing in Canada."

He added that the university tends to affiliate with the best

community colleges.

A pamphlet from the university states that a recent survey of graduates from the faculty of management shows that nearly 95 per cent are either employed upon graduation or have chosen to go on

to professional or graduate studies.

Easdale said students should not just look at this as an opportunity to increase their chances of getting a job — around 90 per cent of Conestoga's business graduates already find employment after graduation and the job market is improving.

He said he sees it more as an opportunity to upgrade education and skills.

"People who graduate from college and university should understand that they are probably not finished with their education. The world's changing and we have to change with it." Easdale said that Edie Torbay, chair of the school of business, was instrumental in the negotiation of the agreement. However, she could not be present for the signing.

He added that Conestoga is in negotiation with other Canadian universities for similar agreements. Some of them have shown preliminary interest.

"We want to negotiate the best opportunities for our grads."

Easdale said he doesn't anticipate huge numbers of people taking

advantage of this offer but he said it is good for the school of

business and for the graduates, especially since the trend right now is toward lifelong learning.

"It is a guarantee that our students will get recognition and acceptance at the university level," he said.

Students vie for spot in skills competition

By Colleen Cassidy

Waterloo regional separate and public secondary-school students who won technology, trade and leadership skills contests in their schools, spent April 2 at the college vying for a chance to participate at the Ontario level of the Skills Canada competition. The contest will be held at Kitchener Memorial Auditorium on May 6 and 7.

The categories the students competed in included construction, residential wiring, cabinet-making, autocad-architectural drafting, autocad-mechanical drafting and computer animation

As well as the trades and technology classifications, there were leadership competitions which included prepared public speaking, job demonstrations and job interview presentations.

A gold, silver and bronze medal were awarded to the top three contenders in each category of competition.

The gold medal winners will be entered in the Ontario level contest, where high school students from across the province will be competing.

College students from across Ontario will also be competing on May 6 and 7.

Over the month of April com-

petitions will be held in various trades and technology programs at Conestoga. Because there are no other colleges to compete with in the region, Conestoga's first prize winners will be directly entered into the provincial contest.

First prize winners in the secondary school and college contests at the provincial leve will be participating in the national Skills Canada competition that will be in Red Deer, Alta., May 29, 30 and 31.

John Sawicki, manager of public affairs at Conestoga and a volunteer on the media-relations committee of Skills Canada said Conestoga is among the top gold-medal winners at both the provincial and national levels in Canada

There have been students who have competed in the worldwide competitions that are held each year in different European countries.

He said this year is the first time Skills Canada-Ontario will be in Kitchener. The last three years the contest has been at Copps Coliseum in Hamilton.

Sawicki said the 1998 competition will also be in Kitchener.

The competitions "are great opportunities to polish skills, get experience and meet other people." he said.

Copyright changes could raise costs of used textbooks

By Lisa Kloepfer

Possibly one of the largest considerations students make when deciding on pursuing a post-secondary education is costs.

Now, many Canadian students will be faced with higher textbook costs because of Bill C-32, an amendment made to the Copyright

New textbooks are imported from the U.S. and U.K. through Canadian publishers and their agency system.

Under the agency system, Canadian publishers contract to represent foreign publishers here.

This contract allows the Canadian publishers to take a large percentage of new foreign book sales.

The profits the Canadian publishers' earn from these book sales are invested to publish Canadian content academic works.

Used books, sold new in the U.S., are often sold to Canadian textbook stores by American text dealers.

It is this trade the new amendment is attempting to curb.

Jaqueline Hushion, of the Canadian Publishers' council said the publishers have no opposition to students running used book stores, or purchasing used texts.

What the Canadian publishers do

oppose is the sale of used tests which were not originally sold new in Canada.

They hold this view because in they had no part in the initial sale.

"Our belief is that textbooks first sold here as new can be sold used here by anyone," Hushion said. The agency system keeps the

Canadian publishing industry healthy, she said.

"We think students want it to be healthy."

The amendment might make the Canadian publishers happy, but Canadian students might not be smiling if the predicted 50 per cent increase on text costs becomes reality.

Currently, Conestoga's bookstore sells new textbooks for less than the publisher's suggested retail price.

They are able to do this because they get an educational discount.

The bookstore does not sell used texts, but the Doon Student Association has for the past three-years

The books sold by the DSA are from Conestoga students, not outside sources, said Vicky Lichty, executive assistant at the DSA.

The new bill will not affect any Conestoga book sales, but students who have looked to used bookstores for texts in the past might be in for a costly surprise.

Peer Tutors helped many students this semester in their studies in Health Sciences, Technology, and Business.

On behalf of those you helped - a sincere thank-you.

THANK-YOU!



Nipissing University liason officer Don Ryan explains program information to Conestoga student Shelley Bird at Doon campus. (Photo By Tim Kylie)

North Bay university recruiting at Conestoga

By Tim Kylie

Conestoga College alumni contribute to a trend that sees more college graduates going to university after receiving their diplomas, a liaison officer from Nipissing University said April 1.

Don Ryan, visiting Conestoga for the first time on behalf of his university, said Conestoga, London's Fanshawe College and North Bay's Canadore College have had quite a few graduates apply to

Nipissing in recent years. He sat at a table near Door 4 at Doon campus, giving away literature on the North Bay university and answering student questions about the transfer pro-

In his first 40 minutes he gave away most of a box of student guides and calenders. He said there were 90 guides and 40 calenders in a full box.

Several students expressed interest in a CD-ROM version of the calender.Ryan said Nipissing is the first university to use CD-ROMs to attract new stu-

"We find more people take time to look at a computer than at a book," he said.

Nipissing specializes in business, education and environmental studies, although it offers many of the same programs available at most other Ontario uni-

College graduates with diplomas in early childhood education or business are particularly interested in

Nipissing, Ryan said.

They, and other college graduates, can get up to a year and a half of transfer credits, he added.

In September, Nipissing opened a new business auditorium. At an open house in November, members of the business community from across Ontario told Ryan that it was the best business auditorium north of Toronto.

Other advantages of attending Nipissing include better job prospects and small class sizes, he added. In today's competitive job market, the most mar-

ketable job seekers have both a college diploma and a university degree, Ryan said.

Nipissing, with a total student population of 2,000, is the smallest university in Ontario.

Its class sizes are smaller than most college classes, averaging from 15 to 20 students.

"Because of that, students can get personalized attention," Ryan said. "More so than at other univer-

Although it was his first visit to Conestoga, Ryan is no stranger to Southern Ontario, where 75 per cent of Nipissing's students come from.

He is in the process of visiting all the colleges in Ontario. He said this is the first year the university has gone to colleges in addition to high schools to recruit students.

He said it took him about four hours to drive down from North Bay. The drive was enjoyable because of the nice spring weather.

Drug Plan

. continued from page one

assistant, said that everyone is paying \$60 but is getting \$40, and so the insurance company should be making \$20 profit.

The numbers from the 1995-96 school year, according to information provided by the DSA, say that Seaboard Life paid out \$1.28 in claims for every dollar collected in premiums from Conestoga students.

"We're going to piss people off

whether or not we go for it (the drug plan)," said Brillinger, adding that one of the options, droppin the plan, saves students money.

Cutone said the DSA is trying to satisfy the most number of people with the highest benefits.

Cutone also said that once a drug plan is dropped, it is difficult to get it back.

Internet ... continued from page one

The DSA executive decided to send three executive members one from the outgoing executive and two from the incoming one and pay \$135 plus accommoda-

Alternative learning was also discussed with no consensus. Brillinger said students have to care about their education, that people from her class went to the chair of the program chair and that they were fine.

Ogg said that many students didn't know to go to their program chair or the DSA, but that there is concern out there.

"You don't write four pages in Spoke just to have another topic," said Ogg.

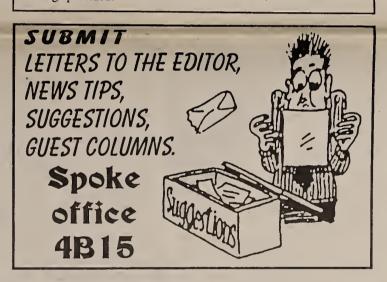
Cutone said that a lot of people are complaining, but don't want their name and face involved and so are asking the DSA to do it for them.

Cutone said she was also shocked to hear that four more alternative-learning courses are being implemented for next year.

CORRECTION

President called for drug-plan review

In the April 7 Spoke article "Drug plan may be dropped for '97-'98" DSA president April-Dawn Blackwell was incorrectly quoted as saying that if oral contraceptives are driving up the cost of the drug plan, they should be dropped from the plan. It should read that she wants a "review of the plan, the services it's offering and the coverage provided."



Board of Directors Meeting

Tuesday, April 15 4:30 pm Room 1B21

All BOD members are required to attend this last meeting. hen

Week Of Welcome Planning Committee

Are you interested in helping to plan events and activities for Sept. '97 Week Of Welcome? The DSA is looking for volunteers to sit on the planning committee. Meetings will be held throughout the summer. The first planning meeting is scheduled for Thursday, April 17, 3:30 pm. If interested please see Becky at the DSA Office or call 748-5131.

perspective SPOKE

Contraception concerns men too

decision about a drug plan needed A to be made by April 1, and since the issue affected them, on March 27 the

DSA, asked for student input.

The students who were approached in the student lounge and the cafeteria little demonstrated concern in the DSA's

The most significant response, other than

the yelling and footstomping in response to a question asking who gave "a s-t" about the issue, was when a handful of students indicated the drug plan they want increases their tuition costs by four dollars, but doesn't include oral contraceptive benefits.

Colleen

Cassidy

Although perplexed by the lack of student interest in the entire issue, it is the short-sightedness of this decision this

writer is particularly concerned about.

There are likely no accurate statistics about the sexual habits of Conestoga's students, but I feel quite confident stating there is sexual intercourse that occurs between some of the male and female

As well, the fact that pregnancy could be a result of this form of sexual activity will not come as a surprise to anyone attending the college.

Bev Cutone, vice-president of student affairs, said many students have said they have the drug plan specifically for the contraceptive benefits.

So why was so little thought given to such a serious issue?

After the impromptu meetings, several female students did approach DSA members in the DSA office stating they wanted a drug plan that included oral contraceptive benefits.

But, at last count, no males made an effort to ensure the benefit was included

in the drug plan.

Don't males consider pregnancy or the prevention of a pregnancy a male issue?

Are they so into themselves that, because they are unable to carry a child, they don't see pregnancy or its prevention as something they need to be concerned

Are they so short-sighted they can't see how they will fit into the picture if their partner does become pregnant?

Over the last 30 years there have been numerous changes relative to gender equality and a better understanding of the

But during the noon hour of March 27, it was apparent in Conestoga's cafeteria and the student lounge there is still a long

Guys, if you decide not to make the prevention of unwanted pregnancies your concern now, it could very well become problem for some of you — for the next 20 years.

It's time to get tough with our school boards

So, the Ontario government is battening down the hatches, peparing to defend against court challenges over the school-boards issue. I, for one, say "more power to you." If anything, the Conservative government has compromised too much in this area already.

When Ontario's education minister, John Snobelen, moved to eliminate school boards in the fall of 1996, it was a bold move which fit the need to streamline administration so that more money could go where it is needed: in the class-

School boards are a 19th century institution which has long ago outlived its usefulness. Designed in the horse-and-buggy era as a liaison between local citizens and the provincial government in an age when information was slow to travel, they have become obsolete in the era of email and the Internet.

School boards have created a patchwork quilt of educational opportunities and standards which stressed the system to nearbreaking. One need only look at teachers' strikes over the past 30 years to see that different working conditions and rewards for teachers



caused by our school board system had led to the discontentment.

School boards are a servant with two masters: the provincial government and local citizens. In the tug of war between these two interests, the province ends up winning and the people end up angry. True leadership would have been the provincial government removing this age-old institution to pave the way for innovative and cost-effective means to govern our schools.

The announcement by Snobelen in January, that school boards are to be reduced from 168 to 66, showed that this province was not willing to take the lead in removing costly, obsolete structures in favor of new ones, but would be swayed by uninformed public opinion.

What the province has ended up with is a decision that shows no eye to the future, but simply mimics what has been done, or is planned for, in nine out 10 of Canada's provinces.

From Newfoundland to B.C., all provinces, except Saskatchewan have made reductions to, or are moving to reduce, the number of school boards in a manner similar to what is planned. Even Quebec, which has been slow to embrace either facing down its deficit problems or the need for government restructuring, has seen the need to reduce the number of school boards from 158 to 100. If Ontario had followed the lead of New Brunswick, which reduced the number of school boards from 42 to two, the number of school boards we would have, once restructuring was done, would be eight.

Snobelen's decision, in this light, should be seen as neither bold nor controversial, but shows Ontario to be simply part of the pack. Leadership is necessary to design institutions which better fit the needs of a society heading into the 21st century, not coming out of the 19th.

It's not too late to change your mind, Mr. Snobelen.

Aristotle and Einstein had it easy

Aristotle was a student. So was Galileo, and Einstein, although he did not fare so well as one, was a student too. These scholars did not have the

heavy concern of debt, rising tuition, and a depleting job market that the scholars of today do.

It is unfortunate that today's students are not able to focus primarily on their studies like many scholars in the past. Rather, the

ordinary student must maintain good grades while holding a part-time job and increasing her debt.

Kloepfer

Since the federal government stopped giving grants to needy students, some have had to borrow government funds to pay for their education. This option might sound like the solution for struggling students, but it leaves them with a monstrous loan that most of them cannot

In 1995-96, 7,850 students declared bankruptcy in Canada. It is unacceptable that the newest entries into the workforce are either bankrupt, living below the poverty line, or giving 75 per cent of their income to loan repayment.

University and college groups have asked the government to spend more money on students; grants, help paying off loans, and tax breaks are among their recommendations.

These requests are more than reasonable. When considering that students represent the future life-force of the Canadian economy the government must begin to help them.

Were the programs to aid students implemented, the annual cost would be approximately \$500 million. That number might sound incredibly high, but our country does claim that everyone is entitled to an education.

If students could begin their careers with a decreased debt-load, they would stimulate and contribute back to the economy. The money spent on student

aid would not be money lost, it would be money invested. An investment well spent on the future of the province and

What good will it serve were the new workforce to be bankrupt or heavily burdened with debt? None.

If this country does not begin to support needy students, the gap between the rich and poor will be ever increasing.

Our society will begin to resemble ones in foreign countries where the stratification between the classes is nurtured through exclusion. Will only Canada's rich go to college and university in the

If Canada truly wants to be a country of equal opportunity, those who are less privileged should not only be entitled to an education, but be financially supported so that they can claim this right.

If the federal government does not accept this responsibility, then I can only assume that they are an elitist government who believe only the privileged deserve education and opportunity.

Accounting student no fan of security department

To the editor:

After reading the article on Darlene Rehman's frustrating encounters with Conestoga's strong arm of the law (Pregnant student upset over parking permit bid, March 31), I have become further convinced that the Conestoga department should

restructured.

Their grey and white uniforms and parking ticket books should be replaced with brown sweaters and batons.

On more than one occasion, I've noticed one security personnel disturb an entire computer lab, demanding to see students' I.D.s, much the same way the Soviet KGB demanded "to see your papers."

I am certain that the security department

exists to look out for the good of all of Conestoga's population.

However, their good intent has been shrouded by their apparent sense of apathy and strong-arm tactics.

Tom Smith Third-year accounting

Drop us a line.

We welcome your comments and suggestions.



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Website designed to help students find summer jobs

By Tony Kobilnyk

The federal government has created a new Youth Employment Strategy that it says should allow than 60,000 young Canadians to get career-related summer jobs. The program is also aimed at creating new work experience opportunities for more than 100,000.

The Student Summer Job Action program is one of five major points on a new website created to allow better access to information on student job programs from the federal government.

Students can access many different job-search menus including job banks and newspaper listings for major centres across the coun-

The federal government has also created programs in conjunction with private, public and not-for profit employers to create careerrelated summer jobs for students.

The programs of the strategy should provide better access to information which will link Canadian youth to information, services and resources they need to acquire skills and experience in today's workforce according to a

press release.
"We are promoting the website because it is like one-stop-shopping for youth employment programs," said Andre Bordileau, program consultant at the Youth Initiative Directorate in Hull, P.Q., in a telephone interview. He said the website will allow access to career information, education and career planning resources, and about work experience and internship opportunities. The website provides links to the many other job programs run by the federal government and those created in conjunction with community busi-

Bordileau said the strategy also aims at creating summer careerrelated positions for aboriginal urban youth as well as First Nations and Inuit students.

Students can access local summer job postings at any local Human Resources Centre of Canada for students. These centres were formerly known as Canada Employment Centres for



students. The Kitchener HRCC for students located at 29 King St. E. will open on May 2. Information on other HRCC for students openings can be obtained by calling the HRCC in your city.

HRCC for students will offer group information sessions on how to search for a job, write resumes and prepare for inter-

The federal government has scheduled a series of youth fairs to promote the strategy and to allow employers and students to meet and discuss what qualifications are required to compete in today's job market.

More information on student job programs can be obtained by calling the Youth Info Line at 1-800-935-5555 or by accessing the website at www.youth.gc.ca.

Making their pick



Jeff Hall, a first-year law and security administration student, casts his vote on April 2 for the board of governors' election. Kyle Eltherington and Shane Grace were the candidates.

(Photo by Matt Harris)

DON'T WORK FOR ANYBODY THIS SUMMER.

CREATE YOUR OWN JOB WITH A STUDENT VENTURE LOAN.

It's easier than you think. In fact every summer hundreds of students use Student Venture to start their own business. Last year for instance, students created websites, operated ice cream shops and childrens day camps and gave swimming lessons. Whatever you want to do, we can help make it happen. With a loan up to \$3,000, and all the free advice you need. You may end up making as much as you would working for others. If you're 15-29, and going back to school next year, call

toll free 1-800-387-0777. Or pick up an application at your high school, college or university.





WOMEN'S HOCKEY CHAMPIONSHIPS

Beats Team U.S.A. in extra period

Canada wins gold by working overtime

By Rebecca Eby

The lady Canucks went mining and they struck gold.

Team Canada remains undefeated in women's world hockey championship competition after facing off with Team U.S.A. in their fourth consecutive gold-medal meeting April 6.

There was never any doubt in Canada's mind who they wanted to face in the gold

"Without question, the United States," said Canada's head coach Shannon Miller after the medal round against Finland. "We want to meet the States."

The challenge was set, and if Canada thought playing Finland was a tight game, the gold-medal game was suffocating.

Staring sudden death overtime in the face, Nancy Drolet led Team Canada to a 4-3 victory over Team U.S.A. with her third goal of the night in front of a 6,247 deafening capacity crowd in which all standing room was sold out.

Canada drew first blood leading 1-0 at the end of the first period of the most physical game of the tournament.

But the teams were tied at the end of the second, 2-2 and at the end of the third 3-3.

Drolet was taken down by a Team U.S.A. boarding penalty about seven minutes into overtime but recovered enough to win the game about six minutes later.

Fifteen penalties were called by the end of the game. Canada served eight, and the United States was called for seven.

Total shots were 35-27 in favor of Canada. Canada had a surprisingly hard time even making it to the gold-medal game. In the semi-finals, Canada was down in shots and not in the lead for the first time in the whole tournament at the end of the first period against Finland.

"We came out not showing enough respect for the competition in the first period," said Canada's head coach Shannon Miller. The first ended with Finland leading 1-0 and



Team Canada members proudly display their championship trophy after taking the gold medal in a 4-3 overtime victory against the United States.

(Photo by Rebecca

Canada down by two shots on net, 10-8.

Miller said she gave the team a motivational talk between periods and showed a four minute video about reaching for your dreams.

for your dreams.

"It was quite obvious in the first period that the fire was not lit, so we lit it for the second," she said.

Vicky Sunohara, who scored the winning goal with 24 seconds left in the 2-1 game, said, "We've put this team in front of everything else."

"You could just feel the fire in the change room" after watching the video, she said.

After the game, Miller had only praise for

"Hats off to them, they did an outstanding

job," she said.

"They gave the U.S. a scare and they gave us a scare."

But Finnish coach Rauno Korpi did not praise Team Canada.

He said that during his team's relaxation and visualization practice at the hotel on game day, the Canadian team went onto Finland's floor and started jumping around and screaming.

He said he was shocked that the interruption had coming from Team Canada of all hockey teams.

"We are in the fatherland or motherland of ice hockey," he said.

Miller denied the allegations.

"Team Canada would never, never

purposely do that," she said.

Finland won the bronze medal in a match against China and will play in the 1998 Nagano Olympics against Canada, U.S.A., China and Sweden.

Russia, Switzerland and Norway placed sixth, seventh and eighth in the worlds not qualifying for an Olympic berth.

Canada placed two players on the tournament all-star team, as defenceman Cassie Campbell was joined by forward Hayley Wickenheiser.

Kelly O'Leary and Cammi Granato represented the U.S., with Swiss goaltender Patricia Sautter and Finnish forward Riikka Nieminen rounding out the all-star selections.

This bulletin just in: Team Canada is good

By Rebecca Eby

As a national team, Canada is number one in the world of women's hockey and no wonder. Canada has some of the top players in the world.

Throughout the week-long women's world hockey championship held in Kitchener March 31-April 6, Canada had multiple players among the goal scoring, scoring and assist leaders.

Among the top 40 scoring leaders, Canada had 13 players and the same were among the top 40 goal scorers. Twelve Canadians were among the top 40 in assists.

Canada's youngest player, Hayley Wickenheiser, 18, was one of Canada's top scorers and goal-getters after scoring the team's first goal of the tournament.

Wickenheiser was named one of the tourney's all-star forwards and Canada's Cassie Campbell was a tournament all-star defenceman.

Wickenheiser, Campbell, and Geraldine Heaney each received Seiko watches for being selected the top three player on Team Canada.

These three as well as Nancy Drolet and

team captain Stacy Wilson were named the players of the game in Canada's five matches.

Canadian goalie Lesley Reddon faced 54 shots in three games allowing five goals and earning a save percentage of 90.1.

Danielle Dube, Canada's other goaltender, played two games, faced 17 shots, allowed one goal and earned one shutout. Her save percentage was 94.1, the best of all netminders in the tournament.

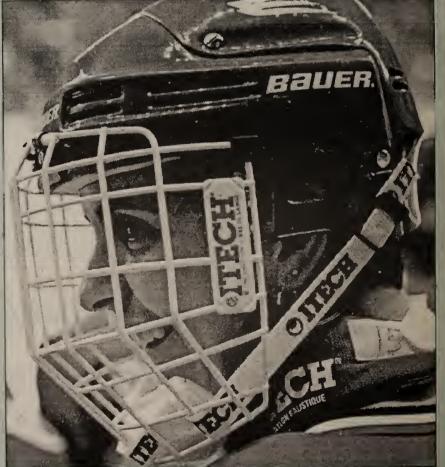
Team Canada didn't face really stiff competition until the medal round against Finland, but they played at their own high level of performance in every

"Never expect the opponent to roll over," said Canadian head coach Shannon Miller.

Canada won its round-robin matches quite handily, 6-0 over Switzerland, 9-1 over Russia and 7-1 over China.

In the semis, Canada squeaked by Finland scoring with 24 seconds left to play and winning 2-1.

In the gold-medal game, Canada outlasted the United States, winning 4-3 in sudden-death overtime. It is Canada's fourth victory over the Americans in gold-medal competition.



Team Canada forward Danielle Goyette talks with teammates after a shift against China. (Photo by Rebecca Eby)

WOMEN'S HOCKEY CHAMPIONSHIPS

Training keeps Canada's women on top

By Rebecca Eby

Canada's women's hockey team is the best in the world, but being number one isn't easy to come by. Team members train almost everyday, both on the ice and off, aerobic and anaerobic.

Rebecca Fahey, 22-year-old Team Canada defenceman said team members each get a general workout program designed by the team trainer.

She said she works with the trainer once in a while since they both live in Calgary, Alta., but for most of the team, the specifics of training are up to the individual members who are spread across the country.

Some of the women work out

Forward Lori Dupuis, 24, said she works out with other national team members who play with her on the University of Toronto women's hockey team.

Dupuis said she prefers working out with others because it gives her extra motivation.

She said she finds that it can get pretty boring riding a stationary bike by herself after a while.

But disciplining themselves to train is not usually an issue for Team Canada members, they said. Canada's Danielle Dube, 21-year-old goalie, said she enjoys going to the gym, but the real motivation is in reaching the team's common goal of being the



Canada forward Angela James crosses the blue line in an attempt to score against Team (Photo by Rebecca Eby)

best in the world.

"We have to think about what we are as a team," she said.

As a team, the women don't train or practise together very often.

Leading up to the worlds, they met in Barrie, Ont., only 10 days before the tournament.

Dube said it can be a little difficult to fit when the team first gets together after a break.

Like Dupuis, some of the players play together in leagues or on university teams, but Dube, from Vancouver, B.C., doesn't play with any of them until the team

meets just before a tournament. "I'm the outcast from the west,"

she said. Being a goalie, Dube's training

differs from that of the other

She said she uses less weight and works more on her reflexes.

Some days, she is at the arena at 6 a.m. and has one guy just shoot at her one puck after the other, she said. If she can't get ice time, she'll play drop-in hockey.

Dube said that when she nears major tournaments she lays off the weights totally and does more work on the ice.

Fahey said the other players usually don't change their workouts very drastically, but they do make sure to give themselves more rest.

The women said they are not too concerned about their diet as part of their training, although Dupuis and Fahey did say they try to eat lots of carbohydrates and foods low in fat.

Dube said she doesn't try too hard at maintaining a specific diet at all, but her family helps her out

She said, "I like junk food," and, "I don't lay off it."

Although, she said, "My dad

usually keeps me in line."
Heading into the Olympics, Team Canada will be together more than they have ever been.

Fahey said they will be training together for six months in Calgary and playing exhibition games as they travel to places like Finland.

The women will give up everything else at that point, she said. Jobs, family and friends will be left behind as they train together full time.

Europeans beginning to catch hockey fever

By Rebecca Eby

Women's hockey has been gaining popularity in Canada for the past few years, but this phenomenon is not isolated to North America.

Norway, Finland, China, Russian, Sweden and Switzerland sent teams to the 1997 women's world hockey championship to join in competition with the Canadian and American teams.

Being on a national hockey team in any country takes at least two

Sari Krooks, right-winger for Team Finland, said it takes a lot of time and sacrifice to be on the

But making the team roster is a different story in Russia and Norway.

"Unfortunately, it doesn't take much, Ekatrina Pashkevich, Russia's five-foot-11-inch forward, said.

"Unfortunately, we don't have a whole bunch of talented players."

Norway's goalie Hege Moe said exactly the same is needed to make the Norwegian women's hockey team.

"Not much," she said.

She said there are only about 200 women who play hockey in Norway.

Krooks, Pashkevich and Moe all

said that girls who want to play hockey in their countries start on boys' teams. Eventually, they might join one of a limited number of women's teams or continue to play or practise on men's teams.

Moe said she still plays lots with men's teams at home in Norway and Pashkevich said she plays on a men's team at school.

Russia didn't even have women's hockey until recently, Pashkevich

"Three years ago," she said. "That's when they basically women's hockey in started

There is better opportunity for women's hockey in Finland.

Called the Scandinavian powerhouse of women's hockey, Finland is becoming more supportive of

"I haven't run into anything negative yet," said Krooks.

She said the game has become more popular since it was announced in 1992 that women's hockey would be a full-medal sport in the 1998 winter Olympics.

But Pashkevich and Moe said men's support for women's hockey in Russia and Norway is still only about 50/50.

"Some people still believe that women shouldn't play hockey, it's not a women's sport,"



Canada's bench watches its teammates defend against China.

(Photo by Rebecca Eby)

said Pashkevich.

"It just doesn't look good, women running around with sticks and all this equipment."

She said others think the women's game has more finesse than the men's and shows

skill better.

But, she said, "In Russia, we just don't have enough equipment, enough ice time. We don't have enough money to support it. It's very difficult."

Finland won the bronze medal in

the women's worlds this year and advances to the 1998 Nagano

Russia placed one win short of an Olympic berth and Norway will also have to wait for the next chance to come along.



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SPORTS

Disney may be in future

Love of figure skating helped her win award

By Pat Craton

She gave up an opportunity to skate with Disney on Ice and all that it promised just so she could have one more year of skating as an amateur.

It is this pure love for skating that helped Lisa Daniel to win The Spirit of Figure Skating of Isabelle Henderson award.

The award was presented to her on March 21 at the Waterloo Recreation Complex at the Kitchener-Waterloo Skating Club's annual Showcase event in front of an audience of 2,200.

Daniel, 20, who was identified as a student of Conestoga College during the award presentation, is in her first year in the recreationalleadership program.

A native of Tillsonburg, Daniel said she moved to the Kitchener-Waterloo area three years ago to train at the KWSC because the standard of training was higher than what was available in Tillsonburg

She completed high school at Bluevale Collegiate while training five days a week for three and a half hours every day, a regimen she followed up till January of this year.

Daniel is an accomplished skater. She has attained the gold level in three categories: dance, free-skate and figures.

But Daniel said it is not only for

her skating skills that she was chosen to win the award; rather, it was a combination of her skating skills, her qualification as an intermediate judge and the number of hours she has given as a volunteer in judging tests that made her a

"Even to be on the list of candidates was an honor."

Lisa Daniels

candidate for the award. "Even to be on the list of candidates was an honor," Daniel said.

The interested candidates were required to write several paragraphs on Isabelle Henderson and this played a major factor in selecting the winner.

For her research, Daniel said she interviewed a skating judge who was Henderson's friend and received valuable insight into Henderson's character from her.

Also, Daniel herself had met Henderson when the latter was still alive as she judged Daniel several times when the skater was much younger.

The list of candidates was drawn from suitably qualified young skaters from the Western Ontario

Isabelle Henderson, for whom the award is named, was an

accomplished ice-dancer and an international figure-skating judge who gave "thousands" of volunteer hours to the sport, said Carolyn Fedy, the technical director of KWSC.

Henderson was a founding member of several skating clubs in Ontario, including the KWSC which is now one of the largest in Canada.

The award is judged by a committee from the Western Ontario section.

Daniel said it was a great honor to win this award which is in its third year.

The two previous winners were national level skaters which places Daniel in lofty company. She received a \$200 cheque to go with the award.

As for Disney on Ice, Daniel may have another chance. She is waiting to hear from them as she auditioned again this year.

She survived the first round which was held at the SkyDome in January.

The second audition was held at Copps Coliseum in March.

If she should get the call, she will be taking the offer which would mean putting her studies at Conestoga on hold.

She would like to complete her studies after her year with Disney, but that is not certain. "My life might be moving into another direction by then," she said.



Lisa Daniels, 20, said it was an honor to even be nominated for the Isabelle Henderson award. As the winner, she received this plaque and a cheque for \$200. (Photo by Pat Craton)

Conestoga College Athletics wants to invite you to the

29th Annual Athletic Awards Banquet

This banquet recognizes all varsity and intramural athletes involved in Conestoga athletics

The banquet is on Fri. April 18, 1997 at

Howard Johnson Hotel

6:00 p.m. - cocktails

6:30 p.m - dinner

7:45 p.m. - awards

Party at O'Tooles after

Tickets are \$7 per person and are available at the Recreation Centre

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ENTERTAINMENT

Reef:

Band's new release crosses the barrier

By Anita Filevski

They supported the Rolling Stones at a secret London gig. They've toured Europe with Soundgarden. They've played the Glastonbury, Reading, and Phoenix festivals.

With that kind of track record, you'd think Reef's second full-length release, *GLOW*, would be greatly anticipated.

And you'd be right.

Since Replenish debuted in June 1995, selling 70,000 copies in the UK and placing in the top 10, music critics around the world have raved about this band.

In August 1995, Emma Morgan of New Musical Express described Reef as a band with such crossover appeal, that neither Oasis nor Blur could hope to attain such a following.

Currently enjoying the success of their third single, Consideration, released March 24 from GLOW, Reef's "unique brand of blues rock" has changed somewhat from album to album.

In October 1996, Chris Marlowe of Metal Hammer described this change in sound as a new twist to the band, citing a gospel choir, a Hammond organ, and Mellotron, courtesy of Tom Petty's keyboard player, Benmont Tench, as examples.

On GLOW, vocalist Gary Stringer sounds like a combination of Ian Astbury, Chris Robinson, and Gord Downey, especially in I Would Have Left You. With his powerful, emotional vocals, this song seems melodic, yet haunting at the

same time, with an unusual rhythm, and guitar and vocals arguing back and forth.

Place Your Hands, the first track on the album, showcases Stringer's rich, soulful voice and the band's use of gospel choir. This single, released October 1996, charted sixth, and is a good example of the variety available on this album: a mix of choir, piano, tamborine, and guitars.

Summer's In Bloom describes Stringer's younger days, accompanied by a dominant bass and distorted vocals. This track reflects the innocence of youth and is slightly reminiscent of Stringer's younger days swimming in summer with an old friend, now a member of the popular band, Kula Shaker.

The current single, Consideration, shows off Stringer's vocal range. The song emphasizes there's nothing wrong with being a bit weak now and then; it's not a sin to show weakness. Although Consideration may appear sad and introspective, it is still representative of the album's feel-good sensibility.

However, not all of the songs fit into this theme. Robot Riff, track 10, is full of annoying, forced techno-space sounds and feedback. Basically, it's a guitar war, with the music too heavy for the vocals. It's like Kate Bush trying to sing over a new age Metallica.

Although Reef may not be for everyone, it is a solid effort. If you like vocal variety and loud, bluesy rock-and-roll style, pick up Reef's *GLOW*.

One person's treasure



MAIL FOR SALE — Jennifer Veitch, a first-year early-child-hood-education student, purchases a mailbox at the DSA garage sale in the Sanctuary April 3. The purpose of the sale was for the DSA to get rid of all the stuff it no longer needs. The profits are going back into its operating budget.

(Photo by Lynne Thompson)

Monoxides: no carbon copy of '70s rock idols

By Bob Puersten

The Monoxides first single off of their album *Galaxy of Stooges*, (can't get) Excited, sums up my first impression of the band's first CD.

And yet, once I finished listening to the album, I couldn't get the album's tunes out of my head.

The Moncton, N.B., band was billed as having been influenced by Kiss, AC/DC, Metallica, and the Ramones. As such, I was looking forward to hearing the album, thinking it would be a trip down memory lane.

What I got instead was an OK hard-rock sound mixed with rather cheesy lyrics. An example from

Ice Cream Man — "You drive around on your three-wheel bike. You're lookin' good and your name tag says 'Mike.' You're a Dicky Dee and you're really cool. Too bad that's not what they think in school."

A notable exception to this is, interestingly, the track "(can't get) Excited." This track manages to mix the sounds of classic Kiss and AC/DC with catchy pop rhythm.

On the whole The Monoxides Galaxy of Stooges is a CD which features good guitar riffs, and the singing is good even when the lyrics are bad. It is definitely an album worth a first listen to. And, if you don't like it, listen to it again. It just may grow on you.

Whoever and ever is Ben Folds?

By Lynn Jackson

Those who are fans of Sloan might consider picking up Whatever and Ever Amen, the latest release from Ben Folds Five.

Characterized by a unique, popalternative sound, the CD offers a good mix of upbeat, "fun" songs and introspective ballads.

Originating from Chapel Hill, North Carolina, Ben Folds Five is comprised of the combined talents of Ben Folds on lead vocals and piano, Robert Sledge on bass and Darren Jessee on drums.

With no lead guitar to add to their ensemble, Folds said in a recent press release, "When the band first came together in 1993, we all agreed the songs would rock much better without guitars. So we just went with it."

Having toured extensively throughout North America, Europe and Japan, headlining their own club tours, the band has also opened for such performers as Neil Young and Heather Nova, and has performed on the second stage at Lollapolooza.

Describing his composition of the songs for Whatever and Ever Amen, Folds said in a press release, "I have a real English way of approaching songs, a straightforwardness and honesty that, for the first time, has gone unedited with this album. I tried to be a lot less self-conscious. If I felt pensive or sad I could just express that, where before I might try to veil it in one way or another."

The honesty and straightforwardness Folds speaks of is prevalent in most of the songs, whether they're fast or slow.

For example, the ballad Brick describes a guy who feels tied down in a relationship and wants out. "Now that I have found someone, I'm feeling more alone than I ever have before. She's a brick and I'm drowning slowly, off the coast and I'm heading nowhere."

The CD's first release, The Battle of Who Could Care Less, pokes fun at today's apathetic youth. "I know it's not your thing to care. I know it's cool to be so bored. . . . Will you never rest, fighting the battle of who could care less. Unearned unhappiness. That's okay I guess."

Some of the songs have a more "playful" nature, such as Steven's last night in town. About a house-guest that doesn't know when to leave, the lyrics say, "We thought he was gone, but he's come back again. Last week it was funny, but now the joke's wearing thin."

For the most part, the songs are well written and well recorded but the listener may experience a bit of a rollercoaster ride as every fast song is followed by a slow song, a pattern that continues for the rest of the CD.

Described by Rolling Stone as "a truly formidable talent, brimming over with melodic gifts", Ben Fold Five's Whatever and Ever Amen is money well spent.

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STUDENT LIFE

Motorcycles rev up for another year

By Lynne Thompson

The signs of spring were evident on the first weekend in April as Conestoga's motorcycle training course started up once again.

The motorcycle-driver -training-program, which is put on in conjunction with the Canada Safety Council, is "a novice program for people who have never ridden before or for those who need to brush up on their skills," said instructor Kirk Skocylos.

In operation since 1977, the program teaches people how to handle a motorcycle with care, said instructor Fred Burchill. This includes things such as starting the bike, braking, accelerating, shifting gears and shoulder checks.

The course is run every weekend, rain or shine, from the beginning of April to the end of October, excluding long weekends. Classes are held Fridays from 7 p.m. to 10 p.m. and Saturdays and Sundays from 8:30 a.m. to 6:30 p.m.

Skocylos said about 16 hours are spent riding the motorcycles. The remaining time is spent in the classroom, watching films and having discussions.

The course is open to anyone 16 years of age or older.

Most students have the class M1 licence before taking the course, said Skocylos. This is the beginning licence for motorcycle drivers. Those who hold it are restricted to driving alone in day-

light hours and on highways where speed limits do not exceed 80 km/h.

Those who pass the training course will be given the class M2 licence, for which the only restriction is that the driver have a blood-alcohol level of zero.

Before receiving the M2 licence, however, students must pass three tests. Two of these are written tests, which are given on Sunday during lunch. The third test is a driving test, completed on Sunday afternoon, said Burchill.

An experienced-rider program is also offered about once a month for drivers possessing the M2 licence. This course helps drivers get ready to take the Ministry of Transportation test for the class M licence, said Skocylos. It is a preparation course, rather than a certification course.

All motorcycles are supplied by Conestoga. However, students need their own helmets, gloves, sturdy jackets and pants, and boots that cover their ankles, said Skocylos.

The classes are held in room W9 in the woodworking building and the driving is done in parking lots three and four. The cost is \$290.11, including GST

Application forms are available in Conestoga's registrar office. Enrolment is limited to 20 students per weekend, so that there is a ratio of five students for one instructor, said Burchill.



LEARNING TO RIDE — A new motorcyclist learns to take a curve at a training course at Doon.

(Photo by Lynne Thompson)

Cheque it out



Myrna Nicholas (left), Peer Services administrator, accepts a recent financial contribution of \$1,400 from the DSA. Presenting the cheque are Krista Ogg (centre), DSA vice-president of operations and Cheryl Jack, DSA education and communications co-ordinator.

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SPOKE (3)

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STUDENT LIFE

TO THE RESCUE

By Lisa Kloepfer

When Conestoga's ambulance and emergency care students went to Baden on April 5, they encountered a number of disasters.

Fire trucks, a burning house, downed hydro lines, and bleeding patients were just a few of the rescue simulations the students had to deal with.

The students in the one-year program have been participating in a work period, and the day of simulations helps them to get prepared for their exams, said AEC professor Wendy Spiegelberg.

Working in conjunction with the Wilmot Township fire department, and paramedics from Kitchener Ambulance, the students are evaluated on their simulated rescues.

The simulations the students took part in included a mock farm accident with two patients, a T-bone accident (when one car strikes another on one side) with downed-hydro lines, a truck rollover, and a house-fire with six casualties.

The students believed the housefire call was real, until they got to the scene and saw that the patients were not really injured.

A passer-by would most likely have believed it was a real house-fire too.

The students were indistinguishable from the actual fire and rescue people. Wearing full attendant or fire gear, some of the students entered the seemingly burning house and carried out bleeding and injured "patients." Once outside, other students took over, assessing the patients and beginning primary care.



AEC students get lessons in rescue

Clockwise from top — Chad Gravill plays the victim as Ryan Waters, JoAnne Anderson, and Clarence Lenting perform rescue techniques; JoAnne Anderson takes a break from the rescue; an ambulance and emergency care student known only as "Sparky" carries a casualty from the house fire to safety; Gary Mosburger checks Paul Koenig's oxygen tank.

The simulations "give them good practice working together," said Spiegelberg.

The students had to work in teams, and a triage officer assessed the patients.

Firefighters helped to set up the simulations, which according to Spiegelberg, "are very realistic."

She said it took the AEC department a few months to prepare for the day, and they do their best to make it as realistic as possible.

AEC student Jo Anne Anderson said, "It just feels so real, and your heart gets beating."

Chad Gravill, who was a casualty from the fire said, "It's the best thing to be a victim. You see it from the other side."

Spiegelberg said the rescue simulations are probably the best experience the students can have for their future profession.

Anderson said she gets a lot out of the simulations, and Gravill said they are "very valuable."

Students in the program have participated in rescue simulations for the past 10 years.

After graduation, AEC students find jobs as paramedics, some branch into fire, and some into industrial first-aid.

The simulations were a kick-off, in a way for National Emergency Medical Service Week. This week runs from April 7 on, and is intended to increase awareness of paramedics and the role they play in rescues.

Spiegelberg said they received great support from the fire department and Kitchener Ambulance, who volunteered their time and/or money so the students could experience the simulated rescues.



Photos by: Lisa Kloepfer



